

ESLTOPICS DISCUSSION

opinions about *food and nutrition*

Qs:

1. *What did you eat and drink today?*
2. *Describe some of your favorite foods.*



- Now, read the sentences below. Circle the numbers that best express your opinions.
- Then, compare your answers with your classmates. Give reasons.

Eating is fun.	5	4	3	2	1
Hamburgers are better than pizza.	5	4	3	2	1
Learning how to cook is easy.	5	4	3	2	1
Breakfast is the most important meal of the day.	5	4	3	2	1
Everyone should eat at least five fruits or vegetables each day.	5	4	3	2	1
Tea and coffee are bad for you.	5	4	3	2	1
Eating meat isn't healthy.	5	4	3	2	1
Everyone should stop eating junk food.	5	4	3	2	1
Water is better than milk or juice.	5	4	3	2	1
It's not healthy to eat at night.	5	4	3	2	1
It would be great to work as a chef in a restaurant.	5	4	3	2	1
Shopping for food is fun.	5	4	3	2	1

POSSIBLE ANSWERS

5 I agree completely
 4 I mostly agree
 3 I'm not sure
 2 I mostly disagree
 1 I disagree completely

